## LORETO DAY SCHOOL DHARAMTALA PRESENTS

## FEILE STIMULUS

Loreto Dharamtala's 4th Edition of Fèile Stimulus: an Inter House Festival

SCHOOL LIFE AFTER QUARANTINE

## CHOLO PHIRE JAI

the beauty of life before phones and laptops took over everything else

# ALL IN ONE 2022-2023



ANNUAL SCHOOL MAGAZINE

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On the 22nd of April, 2022 the students and teachers of Loreto Dharamtala observed Earth Day to demonstrate support for environmental protection. All the classes did many activities to celebrate the event in their own small, yet meaningful way.

## Kids for Tigers

Awareness is perhaps the most important part of bringing about a change. A special documentary was shown to the children of classes 3,4 and 5 on the 27th of January, 2023, by the Kids for Tigers educational outreach programme. The documentary highlighted the plight of tigers in the Sunderbans, and showed the measures being taken by the government to increase the forest land. It was an educational documentary, teaching children and the teachers present how saving the tiger saved entire ecosystems, and in return the forests filter and feed over 600 rivers with pure water and stabilise our wobbly climate in the process.

#### Pet Show

On the 2nd of December, 2022, the members of Ecology club organized the Pet Show under the able guidance of their animators, Mrs.T. Chokroborty and Ms. M.Nair.



## Talking Titans

The eloquent 'talking titans' from classes 4-A and 4-B created some of the most interesting speeches on the topics given to them, after just one hour of preparation.The audience was thrilled to watch the show being hosted by puppets Rancho and Rambo. Apart from the students, the audience was also excited to hear Rancho and Rambo's commentary on the event.



## Vernacular Storytelling Activity

On the 28th of July, 2022 the students of Classes 2 and 3 participated in the "Vernacular Storytelling Activity." Our Principal, Mrs Kapur was the chief guest for the event. The topics were based on "Gender Discrimination" and "Child Labour."All the speakers spoke empathetically about these topics, highlighting the hardship faced by the people in the world today. It was woven into a performance which truly captivated the audience.

#### Vanmahotsav week

The Vanmahotsay week was celebrated from the 1st of July to the 7th of July, 2022. The event was organized by the students of the Ecology Club, under the able guidance of their animators. Staying true to the spirit of the festival, the students of Loreto Dharamatala did many ecofriendly activities to celebrate the occasion. One of them was representing our school in the plantation drive organized by the government of West Bengal, held at Eden Garden on the 14th of July. There the students received saplings which they brought back to our school to be distributed among the students who were willing to take them.

"While working for nature, it is a pleasure to experience its beauty up close. I was given the opportunity through the plantation drive and I am indeed very grateful for it" – Anushka Chatterjee 9B





#### **BIY T-shirt painting activity**

DIY is a term we have all heard before. Students of class 5 took part in a DIY T-shirt painting activity on 26th September 2022. The activity explored the creative potential in the young minds of the children, while keeping in mind the given theme, which was "Joy and Peace. " Prompted to showcase their creative skills in painting, the students created amazing art work.

## Phughka Party

A phuchka is a large shell filled with a blend of spice and mashed potatoes and tamarind water that is liberal in its use of spices, chillies and includes a dash of "gondhoraj". Simply speaking, to most lovers of street food in our city of joy, it is often the difference between a bad day or a good day. However, the phuchka made in our little street stalls is not the most hygienic- it might even give you a stomach ache. The students of class 5, however, decided that we could still have the classic phuchka without it causing trouble for your stomach, or digestive system in



general. So, the students of Class 5 had a phuchk **Gandle making agtivity** party on 28th September, 2022.



On 16th August 2022, the Junior Art Club started the day with a morning assembly on the theme 'Light the World' which was later followed by the Decoupage Candle Activity. The members were encouraged to make wealth from waste, and reused old candle wax in old containers to make the candles.

#### Shakespeare week



"We know what we are, but know not what we may be" we may believe we know who we are at the present moment, but the future is unknowable. So why not nurture ourselves and weave us into the best versions of ourselves we can be? The Shakespeare week activity is organised just for that purpose- it is a week-long celebration filled with activities, fun and learning from the 23rd of April to the 30th of April every year, commemorating the birth anniversary of the Bard, William Shakespeare. .

## Mealth and Mygiene

It goes without saying that taking care of ourselveseating healthy, maintaining good personal hygiene, is an important thing to do. Loving our bodies, knowing how it works, and providing it with the best possible care is something we all should do, given the fact that we all live in our bodies- it is our home. Being women, especially, we need to care for ourselves. Misinformation about female health is all around us, even in a world where medicine and technology has reached several milestones. Keeping this in mind, a wonderful session on Health and Well being was conducted by Dr. A.Ganguly, who also teaches

Biology in the middle and senior sections of our very





own school.

#### Yoga Activity

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"Yoga is not about touching your toes, it's about what you learn on the way down"

On the 14th of October, 2022 the little ones of Classes Nursery and KG participated in a Yoga Activity that was conducted under the guidance of Mrs Roy, dance teacher and Mrs Bhaumik, the class teacher of KG-A, at our school.



## Mps L. D'Reego's Farewell

"Don't cry because it's over. Smile because it happened." – Dr Seuss

26th August 2022, we bade farewell to our dear Mrs L. D'Reego.

As Paulo Coelho said, "if you're brave enough to say goodbye, life will reward you with a new hello," and we all hope that Mrs D'Reego's retired life will be as lovely as her time at Loreto Dharamtala.

## Paint your Imagination

Our minds are perhaps the most creative creatures to exist- it creates pictures, stories and poetry. To try and put thoughts on paper can result in some of the most beautiful pieces created. So, with this in mind, on the 26th of July, the students of Class KG were encouraged to express their thoughts through paints and brush on white sheets of paper in an activity called "Paint your imagination."

It was a great experience for the students, who produced some of the loveliest artwork that our school has seen.



#### **Fpuit Salad Activity**

On the 20th of July, 2022, the students of Nursery had a class activity of making Fruit Salad along with their class teachers.

## **Kitchen Princess**

In a world of unhealthy fast food, the students of the junior section understood the importance of healthy, balanced meals for all age groups. The students proudly showed off their culinary skills, and prepared a vast menu of highly nutritious, and delicious food, each dish corresponding to a theme specific to each class, which included "Festival of India," and "My birthday party."



# MDDLE SCHOOL

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#### Festoso

On the 15th of July, 2022 the Western Cultural Club (Middle Section) hosted their annual event Festoso, an inter-house singing competition.



## Inter House Yoga Gompetition

Inter house Yoga competition was organised by the Physical Fitness Club. Each and every participant was very enthusiastic to showcase their best performance.

## Distribution of paper bags

We've all heard of the three R's: Reduce, Reuse, Recycle. But what is one way of implementing it? Class 8A had made newspaper bags during their SUPW class. These bags were made to be distributed to the nearby fruit vendors and make them aware of the hazards of using plastic bags.

#### Inter House Quiz Gompetition

The Interhouse Quiz competition was organised by the Quiz Club. It was an hour of questioning and testing of our knowledge about the world we live in because the only way to know more is by being questioned more.





## **GLG Mother's Day Gelebration**

"For we women are not only the deities of the household fire, but the flame of the soul itself" On the 13th of May, girls of CLC organized a programme for the teachers, our second mothers. It was a fun-filled joyous day for teachers and students.

## MUN

"I'd like to agree with you but then we'd both be wrong" Respectfully.

We entered the world of Model United Nations, participating in various MUN's throughout the year- X-MUN (organised by St. Xavier's Collegiate School), SAMUN (organised by St. Agnes Loreto, Lucknow), MUN (organised by Loreto Day School, Sealdah). From historic crisis committees discussing India before independence and Germany-Russia relations after World War 1, to discussing bitcoins or the position of women in various parts of the world, MUNs provided us with a wide spectrum of knowledge about world history, international relations, global problems and more. It made us aware citizens problemsolvers, as we had to come up with our own solutions for disputes that are disturbing world peace.



## The GLG Friendship Day Gelebration

The girls from CLC club took a bus from our school to Loreto Entally. First, they arranged the chairs and tables then called the rainbow children in and introduced themselves. .

#### **Distribution of saplings**

"Trees are poems that the earth writes upon the sky"

In keeping with our environment green and trying to make a difference in climate change, on 25th July 2022, 100 saplings were distributed among students who promised to nurture and take care of the saplings and see to their full growth



## **Gongord Fest**

From the 29th of June to the 1st of July, 2022, the Senior Section students represented the school in an inter-school event, The Concord Fest. Organized by The Calcutta Boys' School. Comprising more than twenty events, the fest witnessed the participation of thirty-five schools. We won the first position in Hindi Monologue and Carrom and were the first runners-up for Eastern Singing and Tug of War. Our school received a trophy for the sports event, War of War.



#### Ogtavia On the 6th of August, 2022 the Senior Section choir girls had participated in Octavia, organised by the Music Club of Loreto House. Our school came 3rd in the Solo category and in Group category.

## Yuva Fest

On the 11th of August 2022 the Yuva Fest organized by Musicia was held at the Satyajit Ray Auditorium. The senior school choir girls took part in the annual event.





## Vanmahotsav Week

The Vanmahotsav week was celebrated from the 1st of July to the 7th of July, 2022. The event was organized by the students of the Ecology Club.

## Independence Day

On the 15th of August, 2022, Loreto Day School Dharamtata celebrated the 76th Independence Day with pride and enthusiasm. The celebration began with the Flag Hoisting by our Principal, Mrs Kapur. This was followed by a cultural programme and a prayer service. The students presented a panoramic view of the freedom struggle and the heroic figures who contributed to our freedom





## Sursangam

Sursangam 2022 (Inter-house eastern singing competition) was organized by the Eastern Cultural Club. The theme of Sursangam 2022 was RETRO. There were two categories in this programme — solo singing and group singing.

## Xavo-Ghristi

On the 28th and 31st of July the CLC group along with a few Catholic girls participated in The Xavo-Christi Fest organised by St. Xavier's Collegiate School.



#### Inter - house Debate



"It is better to debate a question without settling it than to settle a question without debating it."

On the 5th of July, Cross Words 2022, an inter-house debate competition was organised by the Public Speaking Club (senior section). Nelson Mandela's saying "Money won't create success, the freedom to make it will" was the motion for the day.

## LTS Diwali Gelebration

The members of our school's LTS unit went to Loreto Entally to meet our Rainbow friends. The celebration started with a prayer and the distribution of gift hampers. This was followed by an interactive session followed by some music and dance. The LTS ers played some games too. They ended the celebration with a closing prayer.



## Desceptatio

On the 19th of October all the Loreto schools of Kolkata gathered in the School Hall of Loreto Dharamtala for Inter-Loreto Asian Parliamentary Debate: Desceptatio. Organised by the Senior Section Public Speaking Club of Loreto Dharamtala. There were two rounds with two different topics and two different groups of opposition and proposition. The topic for the first round was- "The House believes in using force to make peace" and the topic for the second round was- "The House believes in sacrificing economic growth for the good of the environment". The event was judged by Mrs Kavita Mehra of St Augustine's Day School, Mrs Chitralekha De Bakshi of Modern High School and Mr Raju Raman of Max Muller Bhavan. We enjoyed challenging ourselves to be better and make our points heard between the heated arguments against our opponents and the hushed whispers with our partners.

## **Ghristmas Tree**

The event started with an opening prayer ceremony followed by a song prepared by the teachers. Then the children were divided into two groups. First, the children under the age of 12 played musical chairs followed by the children over the age of 12. After games, the girls danced and then the gifts were handed over to the first and second runner ups for both the rounds of the game. Then Santa came in and distributed the gifts. The event was concluded with the distribution of food packets to the children.

## Jamboree

Jamboree was held on the 11th of December 2022. It is an event that takes place every year during christmas time at the sacred heart church. It is like a fair where there are many food and game stalls.

### Inter house western dange competition On the 20th of October the western cultural club organised the Inter House western dance competition under the guidance of Mrs Thomas for the girls of the senior school.

## Student Gouncil Meeting

On the 9th of April, 2022, the Student Council animators conducted the orientation for the year 2022-23. The student council members from classes 9-12 were present along with the student council animators- Ms. J. Pillai, Mrs. D. Mahajan and Mrs. R. Neogi.



#### Holy Spirit Mass



The Mass of the Holy Spirit is held at the beginning of every academic session. In this mass, we seek guidance, protection and wisdom. This year too, the mass was organised by the school on the 19th of April 2022 at the Sacred Heart Church. Sister Beatrice, Mrs Kapur, teachers and students participated in this Eucharistic Celebration. Father Peppin enriched us with his beautiful words explaining to each one of us to be faithful.

## Labour Day

Labour Day was celebrated on the 29th April, 2022, by the Principal, Staff and Students of Loreto Dharamtala. The programme began with warm welcome and was followed by a special prayer service and a prayer dance. Our gratitude and love for the support staff was also expressed through a song, a dance, recitation and sharing by students and teachers respectively.





## Growning of Our Lady

The Crowning of our Lady was held on 2nd May 2022. Catholic students ofclass 9 were present along with their parents. The Catholic students of the Junior and Middle school attended the service online. Fruits, flowers and candles were offered to our Lady. The prayer service ended with Father Raja blessing the congregation and the whole school.

## Rabindra Jayanti

"If you cry because the sun has gone out of your life, your tears will prevent you from seeing the stars." ~Rabindranath Tagore.

9th May 2022 marked the 161st birth anniversary of Rabindranath Tagore. This year we celebrated it online. The great polymath was remembered through Rabindrasangeet renditions, dance recitals, recitation and enactments.

## Teresa ball celebration

An online Panel discussion was conducted on the topic - "What it means to be a Loreto girl." This event was held on 6th of May and was part of the Bicentenary Celebrations of Teresa Ball's life and contributions

## All Faith Prayer Meet

On the 8th of November, 2022, The Guides of Loreto Dharamtala Guide Company participated in the All Faith Prayer Meet organized by St.James School. The scouts, guides, bulbuls and cubs of the First Calcutta Local Association participated in this prayer meet. The main purpose of this meet was to celebrate our differences and embrace the spirit of unity.

## **Guides Patrol Gorner**

The guides of Loreto Day School Dharamtala from classes 6,7 and 8 organized the guid patrol corner under the guidance of their animator, Mrs.P.Neogi.



The Catholic Students of Classes 5 & 6 attended a day of recollection in the school premises on the 26th of September 2022. The recollection was directed by Mrs. P. Ryan.



#### World Anglo Indian Day



World Anglo Indian Day is celebrated on the 2nd of August every year. On this day, the Anglo-Indian students of our school presented a special assembly talking about the socio-cultural aspects of their community and their historical narrative; they also expressed their reverence towards the Anglo-Indian teachers of our school through a dance performance.

## **Bi-centenary role play**

On the 8th of August 2022 the four houses of our school, Loreto dharamtala gathered in our school hall to enact a role play that they had previously prepared on the topic:Comparison of the role of women during the time of Mother Theresa Ball and post independent Women.The winner of the role play was Hope house.The aim of the activity was to pay homage to Mother Teresa Ball, the foundress of the Irish Branch of the Institute of the Blessed Virgin Mary (IBVM).

## GISG &vents

#### Carrom

On 25th of August, 2022, three girls from our school appeared at the Devine Mercy School in Domjur to participate in the CISC inter school carrom tournament for WB and Northeast Region.

#### Karate

On the 27th of 2022, the selection trials for karate were held at the Divine Mercy School, Piuli Maity from class 7B represented our school there. There she won her first match and qualified for the finals. Piuly returned to Kolkata with a silver medal.

#### Chess

On 16th and 17th of August 2022, two girls from our school, Adhya Bhattacharya and Snigdha Das represented our school in the CISC chess competition, held at the P.B.Academic School.

## Loreto St.Vincent

On the 10th of December 2022, the children of the Middle and Senior section visited the twin school, Loreto St. Vincent Thakurpukur. They really experienced the true essence of Christmas, love and joy.





## Reatreat

"It was a good learning experience and Father Raja was very open with sensitive topics" – Catherine Mary Farnandez (9B) On the 26th of September, 2022 the catholic girls of classes 7, 8 and 9 attended a Reatreat in our school. Father Peppin conducted the Retreat for classes 7 and 8 while Father Raja did the same for class 9. It was a truly enriching experience for the children that contributed to strengthening their relationship with their faith.

## Teacher's Day

Teacher's Day is one day that we greatly look forward to, as it is one day when we can fully express the love and gratitude we hold towards them.





Charity, Hope, Joy and Peace houses of our school celebrated their house days this academic year on different days.



# FÈILE STIMULUS!



"When we get older we will remember, the fun and joy we had, in Fèile Stimulus."

The Middle and Senior sections of our school celebrated the 4th Edition of Fèile Stimulus, an Inter House Festival from the 3rd to the 4th of November,2022. The theme for the Festival was 'India – On the Wings of Fire.'

## CHOLO PHIRE JAAYI!



On the 23rd, 24th and 25th of November the annual Junior School Concert "Cholo Phire Jaayi" was held, where we celebrated togetherness by walking down the memory lane of our childhood with various cartoon characters. Along with the characters, the show also highlighted the change of eras and the way we are getting caged in gadgets, losing out on what truly matters – our friends and family. The strong yet important message truly moved the audience.

## MRS KAPUR'S FAREWELL



On the 31st of January, 2023 the staff members and the students of Loreto Day School Dharamtala bid adieu to their beloved principal, Mrs Kapur. The programme began with a prayer service, followed by a prayer dance, an instrumental song performance, and poem recitations. The teachers then shared their memories of Mrs Kapur with the gathering. Mrs Kapur was felicitated with flowers, potted plants, handmade paintings, and cards and the Loreto family wished her a peaceful retired life.

# SISTER MERCIA'S WELCOME



"A leader is someone whose actions create a legacy that inspires others to dream more, learn more, do more and become more."
On the 1st of February 2023, Sister Mercia D'Souza was eagerly welcomed by Loreto Dharamtala as the new Principal .

# From the Coordinator's desk

## Mrs. A. Alexander Das Junior School Coordinator

As we have come to the end of another academic year it gives me immense pleasure to look back and see how beautifully our children have grown over this year, both academically and personally.

We cherish all the amazing moments that were created during the Junior Section concert under the guidance of our Principal Mrs Kapur. We look forward to another fruitful year under the leadership of our Principal Sister Mercia D'Souza. May the coming academic year bring with itself many joyful learnings and hope for both students and teachers.



Mrs. S. Zaman Middle School Coordinator

Every new beginning comes from another beginning's end. As we near the end of yet another academic year, we have many memories to cherish and look forward to a fresh start. 2022-23 has been a very active, successful and challenging year as we have tried to bring back to normalcy physical and emotional in our parameters. Our Principal, Mrs Kapur had guided us through this journey to make our presence in class more effective. With her lion's share of achievements, Mrs Kapur gracefully retired in January 2023 heralding in our new Principal, Sister Mercia D'Souza. I do look forward to working with Sister who is a well-known and a well-loved face for most of the staff. Let the pandemic and all other obstacles encountered be a thing of the past and let us move ahead with renewed commitments and stronger beliefs to make the coming days safe, successful and satisfying for all.



# Mrs. L. Paul Senior School Coordinator

Time flies and it's been a year since our children have settled to the mode of classes. offline is It encouraging to see the children back in school. They are getting to meet their friends and teachers in person and to interact with each other. We have found them very eager to participate in all activities and events. Their enthusiasm and confidence is worth appreciating. We wish and pray that they continue to dream big and chase their dreams and strive to achieve their goals. May they make their parents and teachers proud of their accomplishments. May they always remember to be grateful to God and carry Loreto values in their heart and go ahead and do good. May all that they do bring glory to God. Remember that each of you are precious to us all. God bless you Children



## LD SCRIBES

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